

The SQ3R Method

The Survey, Question, Read, Recite, and Review method, or the SQ3R method, offers a more effective and active approach to reading textbook material. This method was created by Francis P. Robinson, an American education philosopher in his 1946 book *Effective Study*. It's used by college students all over the world, however, it is useful for younger students too. Using this method will allow students to read, remember what they read, and have a better understanding of the material.

Survey

- Review the chapter title, section headings, and graphics.
- Skim the introduction, outline, and objectives.
- Examine the summary, exercises, and concluding questions.

Question

- Change titles and sections into questions to predict important content.
- What is the author trying to convey?
- Write underlying questions to evaluate topics covered.

Read

- Read with your questions in mind, jot notes in the margins, identify new and important vocabulary.
- Write down any new questions determined from the text.
- Connect topics to each other and the course objectives.

Recite

- Repeat aloud in your own words what you have read.
- Identify the author's point of view and reflect on why you agree or disagree.
- Try to answer questions about the text and try to write a summary.

Review

- Review original questions. Consider if they make sense or should be revised.
- Reread sections that did not make sense.
- Organize important information for later review.



The P2R Method

The Preview, Read, Review method, or the P2R method, is constructed to help students divide their textbooks and readings into smaller chunks. The P2R method will also assist students retain and comprehend information easier. Through this strategy, students will not be overwhelmed by what they need to process. Identifying key points and main ideas will also be easier.

Here's a straightforward summary of the P2R reading method to help get the most out of those textbooks:

Preview

- Read the chapter title, section headings, and graphics.
- Skim the introduction, outline, and objectives.
- Familiarize yourself with ideas and concepts that will be discussed

Read

- Start with small sections or chapters
- Read and look for the how, what, when where, and why
- Take notes and highlight important information after you've completed each section

Review

- Summarize information you just read.
- Quiz yourself on key points and main ideas from each section.
- Create questions that would naturally be asked about the material