



Fathers and Family Mealtimes: Identifying Men’s Roles in Increasing Children’s Healthy Eating Habits

Overview

Fathers and Family Mealtimes is investigating the relationship between father-child interactions at mealtimes and children’s healthy eating habits.

The Fathers and Family Mealtimes Project will explore the unique roles played by men’s weight-related parenting behaviors during mealtimes, and how such behaviors are related to children’s healthy eating habits during the early childhood years.

This research will also pioneer new insight into the significance of a father’s role on their children’s healthy habits and its potential impact on their risk for obesity over their lifetime.

This research will play a critical role in informing future family-based obesity intervention/prevention programs.

This project is supported by the Christopher Family Foundation Food and Family Program.



RESEARCH TEAM

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