



PATH Study

Participants Between Ages 25 and 45 Needed

This study will investigate the relationship between diet, gut function, metabolism, and thinking ability.

The research team is looking for healthy adults between the ages of 25-45 who are not taking medications that affect cognitive or gut function. The study will consist of a 12-week period where participants will eat a provided pre-packaged meal once per day. Meals will be picked up from Freer Hall at the University of Illinois two times per week. Participants will be asked to visit the lab eight times over the course of the study (1.5 - 3.5 hours per visit) to complete questionnaires, bone scans, computer scans, eye tests, and blood draws. In addition, four stool samples will be collected to determine microbial composition.

For your participation, you will receive a \$50 gift card after week 4, a \$100 gift card after week 8, and a \$200 gift card at the end of the study.

FOR MORE INFORMATION

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